



## SGU Alum Wins Arthur B. Cecil Jr., MD, Award

For his contributions to clinical advancements and medical staff development at University of Maryland Shore Regional Health, critical care specialist Peyman Otmishi, MD SGU '02, FCCP, was honored with the 2014 Arthur B. Cecil Jr., MD, Award for Excellence in Health Care Improvement.

Dr. Otmishi was selected from a field of six finalists to receive the award, which was presented to him by Arthur B. Cecil III, a former Cecil Award winner and the son of the man for whom it is named. Dr. Arthur B. Cecil Jr., who practiced as a surgeon at University of Maryland Shore Medical Center at Easton from 1950 to 1988, helped shape the hospital and the department into what they are today.

"I was very surprised to receive it," said



*Dr. Peyman Otmishi (third from left) was awarded the 2014 Arthur B. Cecil Jr., MD, Award for Excellence in Health Care Improvement at a banquet held in December.*

Dr. Otmishi. "There are many people here who go above and beyond the call of duty to help the community."

An intensivist with University of Maryland Shore Pulmonary Care, Dr.

Otmishi directs the intensive care unit (ICU) for the university's medical centers at Chestertown, Dorchester, and Easton. In 2014, he worked with

**OTMISHI**, continued on page 3

Help SGU Recruit the Best and Brightest Students.

St. George's University  
c/o University Support Services, LLC  
The North American Correspondent  
3500 Sunrise Highway, Building 300  
Great River, New York 11739-9002



## FIVE WAYS YOU CAN HELP OUT

With the **Alumni Admission Mentor Program (AAMP)**, St. George's University graduates can connect with prospective students in a variety of ways, including the following:

### 1. Information Sessions

Information sessions are held in major cities around the world throughout the year. Each session includes a 60-minute presentation by an administration member, followed by Q&A with current students, graduates, and administrators.

### 2. Webinars

Students can log on and learn about SGU from anywhere in the world. Webinars include a brief 30-minute presentation, as well as live chat and Q&A with students, graduates, and administrators.

### 3. Face-to-Face

Face-to-Face sessions allow students to meet one-on-one with grads to discuss their unique situations prior to and after an information session.

### 4. Backstage at SGU

Students, alumni, and administrators speak with prospective students at these informal meet-and-greets, giving them a firsthand account of what life is like at SGU. These small receptions typically coincide with some of our information sessions.

### 5. Alumni Volunteer Directory

Graduates can submit their contact information and biographies to this publication to connect with colleagues and prospective students in their area.

If you are interested in helping out, call Betsy Mills at (800) 899-6337 ext. 9 1213, outside the US and Canada at +1 (631) 665-8500 ext. 9 1213, or by email at [bmills@sgu.edu](mailto:bmills@sgu.edu).

## Featured AAMP Volunteers



**Cristina Miller, MD**  
Class of 2009

Dr. Miller is in her third and final year of a neonatology fellowship at Wake Forest University in North Carolina, and will be joining a private neonatology practice in Minneapolis this summer. She has assisted SGU with webinars and information sessions while also working for the University as student recruiter. Dr. Miller and her husband, who is also an SGU graduate, are expecting their second daughter this spring.

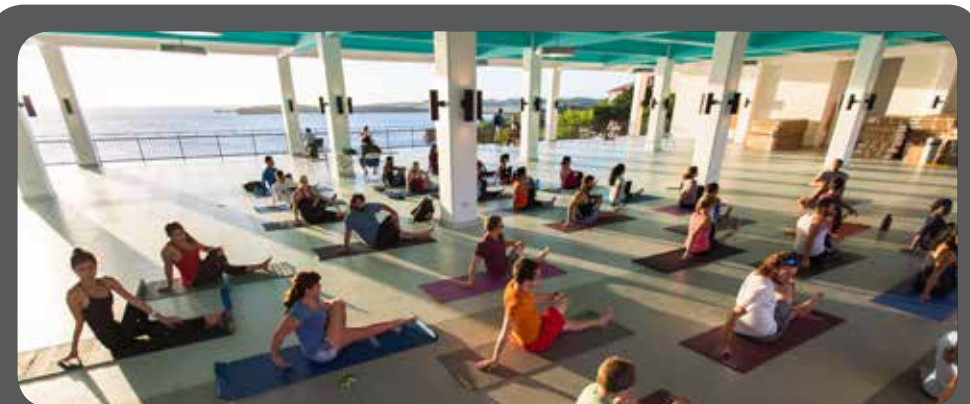
**Thomas Hanson, DVM**  
Class of 2011

Dr. Hanson is a senior radiology resident at the University of Missouri in Columbia, and hopes to soon join a multi-specialty clinic to provide radiology and ultrasound examinations for small animal patients. Dr. Hanson came to Mizzou after completing a one-year medical and surgical internship in Chicago. He enjoys sharing his experience at SGU with prospective students at area information sessions and webinars.



**Nicole Muhlbauer, MD, MPH**  
Class of 2008 (MPH)/2013 (MD)

Dr. Muhlbauer is a second-year pediatrics resident at the University of Arizona in Tucson. Upon completing her residency, she hopes to obtain a fellowship in hematology and oncology. Dr. Muhlbauer came to SGU after having double-majored in biology and theology at Boston College. She has participated in an array of SGU recruitment events, including webinars, open houses, applicant interviews, and manning the student support services office.



**HEALTHY MIND AND BODY:** Utilizing the open-air second floor of the True Blue campus's new study hall, Miami internist and alumnus Dr. Ashwin Mehta, MD SGU '05, leads a yoga workshop focused on relieving the tension of academia—part of a series of integrative medicine selectives.

## Graduates Select Alumni Association Officers

Elections for the School of Medicine and Graduate Studies Program Alumni Associations were held this January, giving St. George's University graduates the opportunity to choose each organization's executive board.

In the School of Medicine, Bruce Bonanno, a 1983 graduate who is now an Emergency Medicine Physician at Hackettstown Regional Medical Center in New Jersey, was named President. Joining him on the board are Vice President Glenn Brady, MD '01, Director of Anesthesia Critical Care and Medical Director for the Post-Operative Recovery Unit at Westchester Medical Center in New York; Treasurer Robert Helman, MD '97, Attending Physician at Good Samaritan Hospital on Long Island; and Secretary Matt Melamed, MPH '08, MD '14, an Emergency Medicine Resident at New York Methodist Hospital.

Wayne Williams, MIB '07, MBA '07, Coordinator of SGU's MBA program, was named President of the GSPAA, and will start his four-year term on July 1, 2015, along with Vice President Allison Audain-Miller, MIB '09, Permanent Secretary at the Ministry of Works in Grenada; Treasurer Jessieanne Fullerton, MIB '08, Assistant to the Director of the School of Veterinary Medicine's Continuing Education Office; and Secretary Muhammad Reza Chaudhry, MD '11, MPH '14, Researcher in the Department of Pathology at University of Maryland Medical Center.

The boards provide leadership for their specific constituent body, fostering a strong connection among membership and working to assist alumni in their career development. Alumni can read up on the newly appointed officers by clicking on their biographies at [sgualumnicommunity.com](http://sgualumnicommunity.com).

*"How wonderful is it that nobody need wait a single moment before starting to improve the world."*  
– Anne Frank



### Message from the AAMP Coordinator

Happy New Year! At SGU, we celebrated another terrific year here in Grenada, and look forward to what 2015 holds, including welcoming in new classes of students in January and August, and congratulating the newest group of graduates this spring. The MDs and DVMs will once again be conferred their degrees at Lincoln Center in June.

Best of luck to our fourth-years, who in March are set to learn where they will complete their residencies beginning this summer. Last year, students matched in 36 US states plus Washington, DC. Do you think this group can top that? We are excited to find out. Look for a rundown in the next newsletter.

On the back cover, you will find a complete list of Spring 2015 information sessions. Once again, we will be all over the world in search of highly educated and highly driven individuals who are looking to further their careers in medicine, veterinary medicine, and more. We aim to have AAMP volunteers at every site, as your testimonials about the SGU experience are invaluable to those who are considering their next step. We encourage you to take part.

If you are interested in helping the university at info sessions, webinars, welcome sessions, or in any other way, call me at (800) 899-6337 ext. 9 1213, outside the US and Canada at +1 (631) 665-8500 ext. 9 1213, or by email at [bmills@sgu.edu](mailto:bmills@sgu.edu).  
– Betsy Mills

### ALUMNI ASSOCIATION OFFICERS

The following graduates were voted to serve on the executive board of their respective Alumni Associations from July 2015 to June 2019:

#### SCHOOL OF MEDICINE

President: Bruce Bonanno, '83  
Vice President: Glenn Brady, '01  
Treasurer: Robert Helman, '97  
Secretary: Matt Melamed, '08

#### GRADUATE STUDIES PROGRAM

President: Wayne Williams '07  
Vice President:  
Allison Audain-Miller, '09  
Treasurer: Jessieanne Fullerton, '09  
Secretary:  
Muhammad Reza Chaudhry, '13

## Otmishi Selected as Cecil Award Winner

**OTMISHI**, continued from page 1 several of the facility's nurses to incorporate the ABCDE bundle, a protocol implemented to improve ventilator weaning, delirium, and mobility in critically ill patients.

In addition, he developed the E-Care telemedicine program that allows intensivists and critical care nurses at the University of Maryland Medical Center to oversee ICU patients at the university's three eastern shore hospitals. Through state-of-the-art

technology, the program provides real-time patient data around the clock to the E-Care intensivists who are monitoring the ICU patients in each facility. The program monitors each patient for acute changes in their physiological parameters and immediately prompts the ICU to assess the situation and act upon it if indicated. According to Dr. Otmishi, intensivists' involvement has significantly reduced the readmission rate for ICU patients.



## St. George's University Spring 2015 Events

The schedule for St. George's University's Spring 2015 webinars, information sessions, and Backstage at SGU events are in the works, and SGU graduates are important resources for prospective students. It's always being updated, so visit [sgu.edu/infosession](http://sgu.edu/infosession) for the complete calendar of events, and email [bmills@sgu.edu](mailto:bmills@sgu.edu) if you would like to help us attract the best and brightest students.

2/7	Manchester, England	3/10	Montreal, Quebec	3/30	Washington, Dist. of Columbia
2/8	London, England	3/12	Ottawa, Ontario	3/31	Toronto, Ontario #
2/10	Singapore	3/12	Salt Lake City, Utah	4/1	Philadelphia, Pennsylvania #
2/11	Kuala Lumpur, Malaysia	3/16	Boca Raton, Florida	4/9	Chicago, Illinois #
2/13	Bangkok, Thailand	3/18	Salt Lake City, Utah	4/9	Orlando, Florida #
2/14	Hong Kong, China	3/19	St. Louis, Missouri	4/9	Boston, Massachusetts
2/15	Seoul, South Korea	3/23	Winnipeg, Manitoba	4/14	New York, New York #
2/18	Phoenix, Arizona	3/24	Seattle, Washington	4/18	Irvine, California
2/19	Cincinnati, Ohio	3/25	Saskatoon, Saskatchewan	4/20	Houston, Texas #
2/19	New York, New York	3/25	Nairobi, Kenya	4/21	Fort Worth, Texas
2/21	Columbus, Ohio	3/26	Princeton, New Jersey	4/21	Toronto, Ontario
2/25	Milwaukee, Wisconsin	3/26	Edmonton, Alberta	4/21	San Francisco, California #
2/26	Los Angeles, California	3/26	Johannesburg, South Africa	4/22	New Orleans, Louisiana
2/26	New York, New York	3/27	Vancouver, British Columbia	4/24	San Diego, California #
3/3	Atlanta, Georgia	3/27	Durban, South Africa		
3/5	Minneapolis, Minnesota	3/28	Cape Town, South Africa		# Match Tour

## Stay Connected with SGU



[facebook.com/StGeorgesU](https://facebook.com/StGeorgesU)



[twitter.com/StGeorgesU](https://twitter.com/StGeorgesU)



[instagram.com/StGeorgesU](https://instagram.com/StGeorgesU)



[linkedin.com/edu/43078](https://linkedin.com/edu/43078)

## Register for a Vet CE Course This Spring

Dr. Hugh Ferguson, Professor in the Aquatic Animal Medicine Research program at SGU, will lead a continuing education conference titled "An Overview of Aquatic Animal Medicine for the Veterinary Practitioner" on **April 11 and 12**.

Joining Dr. Ferguson to teach the curriculum are Drs. Thomas Eurell and Ross Peterson from SGU, Dr. Gerry Johnson from the University of Prince Edward Island, and Dr. Martin Haulena, Staff Veterinarian at the Vancouver Aquarium. All courses will take place at the Aquatic Animal Laboratory Building in True Blue. Those attending the conference will receive 10 Registry of Approved Continuing Education (RACE) CE credits.

**To register for the Spring 2015 Vet CE Conference, contact Dr. Greg Wybern at (473) 444-4175 ext. 3859 or [gwybern@sgu.edu](mailto:gwybern@sgu.edu), or by visiting [SGU.edu/vetCE](http://SGU.edu/vetCE)**

## SGU Alumni Speak: Vaccinate!

More than 92 percent of doctors and public health specialists responding to the third "One World, One Health, One Medicine" poll from St. George's University recommend that their patients get a flu vaccine, agreeing with the Centers for Disease Control and Prevention's recommendations and believe it will give them a better chance of fighting off the flu this year.

The international University recently



polled its alumni from the School of Medicine in response to a spate of recent news reports on this year's flu vaccine and its reported ineffectiveness. Only 7 percent of those polled felt that the flu vaccine would not be effective against the strains of influenza circulating this year.

Here are the results:

**85%** of doctors said that they urge their family to get a flu vaccine as "the best way to protect yourself against the flu is to get vaccinated."

**53%** of doctors said that their employer required them to get vaccinated during the flu season.

**39%** of doctors said that as a medical professional they get vaccinated during the flu season, although their employer does not require it.

**54%** of doctors said that their patients expect them to "practice what they preach" and get a flu shot.